Hot and Sour Shrimp Lo Mein

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Recreate the classic Chinese take-out dish at home in under an hour, less time it takes to get it delivered. Makes 4 servings.

Ingredients:

- 1 pound medium shrimp, peeled and deveined
- 1 tablespoon Chinese rice wine or dry sherry
- 1 teaspoon cornstarch
- ½ pound Chinese egg noodles, fettuccini, or linguini
- 1 tablespoon sesame oil
- 6 ounces snow peas
- 1 cup baby carrots

Two 1/4-inch slices ginger, minced

1 red bell pepper, cut into 1-inch strips

1/4 cup vegetable oil, for stir-frying

Sauce

Hot and sour sauce, as needed

34 cup chicken broth

- 2 tablespoons red wine vinegar
- 2 tablespoons ketchup
- 1 tablespoon granulated sugar
- 2 tablespoons light soy sauce
- 1 tablespoon cornstarch, dissolved in 1/4 cup water

Directions:

- 1. In a small bowl, mix together the sauce ingredients and set aside.
- 2. Place shrimp, rice wine, and cornstarch in medium bowl; mix to incorporate and marinade 15 minutes.
- 3. Fill a large pot of water. Bring to a boil, add noodles, and cook 5 minutes. Drain, rinse with cold water, and drain again. Toss with sesame oil and set aside.
- 4. Bring a separate medium pot of water to a boil. Add snow peas and carrots; cook until the turn bright in color, about 2 minutes. Submerge in ice cold water, remove, and drain thoroughly.
- 5. Heat 2 tablespoons of vegetable oil in a large wok over medium-high to high heat; add ginger and cook until aromatic, about 30 seconds.
- 6. Add shrimp and cook until they turn pink. Remove from the wok and set aside.
- 7. Heat an additional 2 tablespoons of oil in wok. Add carrots, cook 1 minute; add snow peas and cook an additional 1 minute; add the red bell peppers and cook an additional 1 minute.
- 8. Push the vegetables up to the side of the wok and add the sauce in the middle. Heat to boiling, then add the noodles and shrimp. Mix everything together; heat through and serve hot.